# MENTAL HEALTH AND SUBSTANCE ABUSE ASSESSMENT

Phoenix Eligible Metropolitan Area February 24<sup>th</sup>, 2011



### PROJECT OVERVIEW

- Project Tenure: November 15<sup>th</sup>, 2010 through February 28<sup>th</sup>, 2011
- Purpose: to determine if PLWHA were accessing MH/SA services via a different pay source
- Key Informant Interviews
  - Care Directions
  - Maricopa Integrated Health Systems
  - Chicanos Por La Causa
  - Phoenix Shanti Group
  - Jewish Family Services
  - Ryan White Office
  - Ryan White Planning Council Support Office
- Conducted 56 MH/SA Consumer Surveys (goal=50)

### FINDINGS-NATIONAL DATA

- Approximately 30-50% of clients have prominent mental health symptoms. (*APA*, 12/29/2010).
- Anxiety and Depression exist in 25-30% of PLWHA compared to 7-16% of the general population
- Situational Depression is a dominant issue with over 90% diagnosed with this disorder at, or in the two months following, confirmation of HIV diagnosis.
  (Institute of Medicine report, 2005 "Mental Illness and HIV Comorbidity: A Large and Vulnerable HIV Subpopulation.")
- Major issues with Primary Care (and HIV Medical) initial assessment, referral upon assessment and treatment (especially for dually diagnosed).

### **FINDINGS**

- The majority of PLWHA within the EMA are utilizing Magellan of Arizona The Regional Behavioral Health Authority for Maricopa County. Funds for services are provided through a contract with the Arizona Department of Health Services Division of Behavioral Health Services (ADHS/DBHS) and AHCCCS.
- There are several Magellan providers throughout the valley
- Pinal County has a much limited provider base and Ryan White Standard of Care Compliance/Capability is unclear
- Of the estimated 10,250 PLWHA within the EMA, 4% access Ryan White Part A Mental Health Services and .8% access Ryan White Part A Substance Abuse Services
- Eligibility criteria is based on Federal Poverty Level: Federal Poverty Level The federal poverty level (FPL) is set by the federal government and used as a basis for deciding eligibility for programs across the country. Someone is considered below the federal poverty level if they annually make less than \$10,830 as an individual or \$22,050 as a family of four (Source: U.S. Department of Health and Human Services).
- Ryan White eligibility criteria is 300% of FPL
- Based on key informant interviews, providers treat Mental Health and Substance Abuse issues concurrently (dual diagnosed). If a client presents with MH issues, they also receive a SA screening

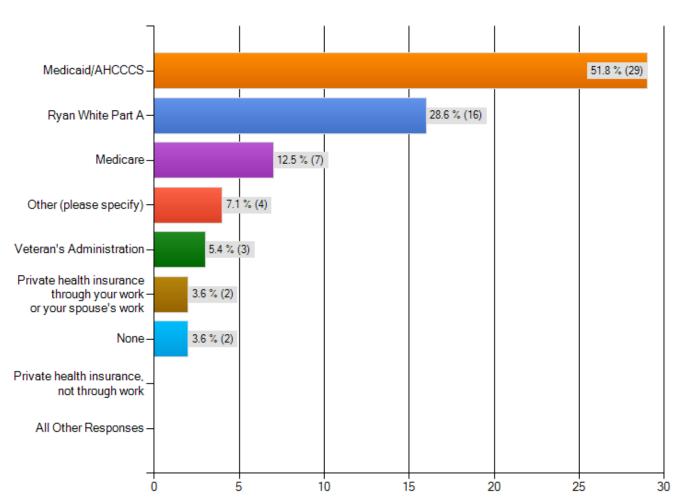
## MAGELLAN HISTORY/DETAIL

- The Governor's budget cuts approximately \$36 million in state behavioral health funding for FY11. Since 2009, state behavioral health funding has been cut by \$22.7 million.
- Reduces behavioral health services for individuals with a serious mental illness who do not meet AHCCCS eligibility requirements. The budget keeps approximately \$40 million for medication, \$16 million for crisis services and \$5 million for supported housing, but eliminates all other services for people who are non-Title XIX/non-Medicaid.
- Changes Arizona Prop 204 requirements (Prop 204 set AHCCCS eligibility at 100 percent of the federal poverty level), allowing AHCCCS to set eligibility to 33 percent of the federal poverty level, effective January 1, 2011. This action eliminates health coverage for more than 310,000 Arizonans and saves the state \$385 million in FY11 and approximately \$1 billion in FY12 (Source: Arizona Republic). State of Arizona applied for Medicaid waiver via United States Health and Human Services
- On February 16<sup>th</sup>, 2011, HHS approved Arizona's Medicaid waiver and as of October 1<sup>st</sup>, 2011, 250,000 to 310,000 Arizonans AHCCCS coverage will be eliminated

## SURVEY RESULTS

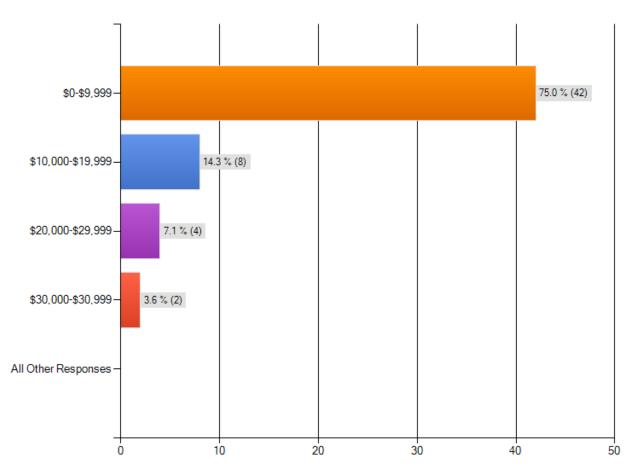
## HEALTH INSURANCE STATUS

#### What kind of health insurance do you have?



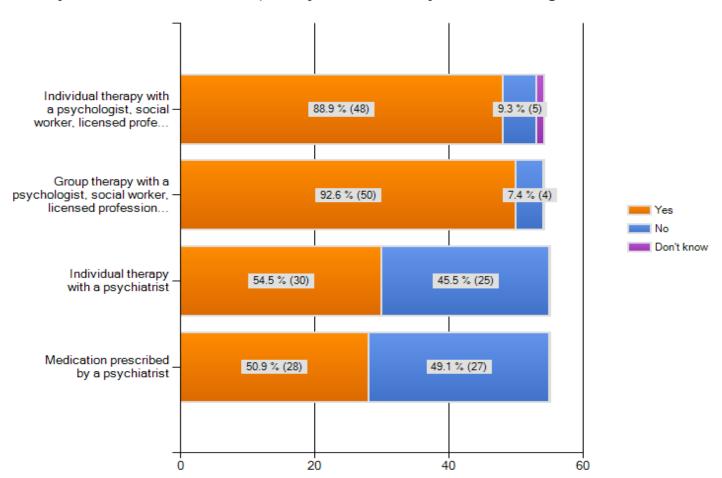
## YEARLY INCOME

#### What is your approximate yearly income?



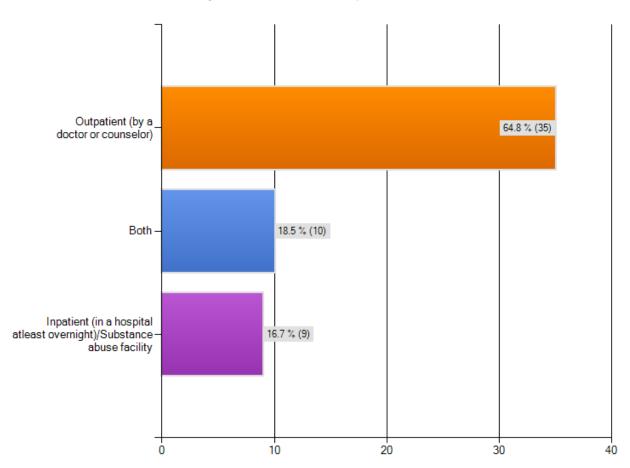
### Type of Mental Health Treatment received

#### Since you were infected with HIV, have you received any of the following?



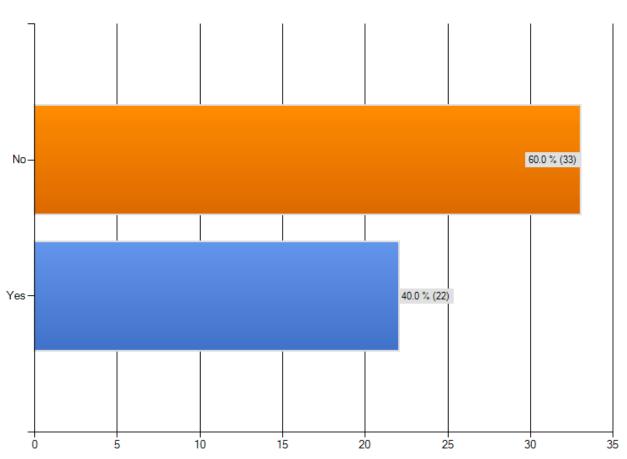
### Type of Substance Abuse Treatment Received

#### If you received treatment, was it?



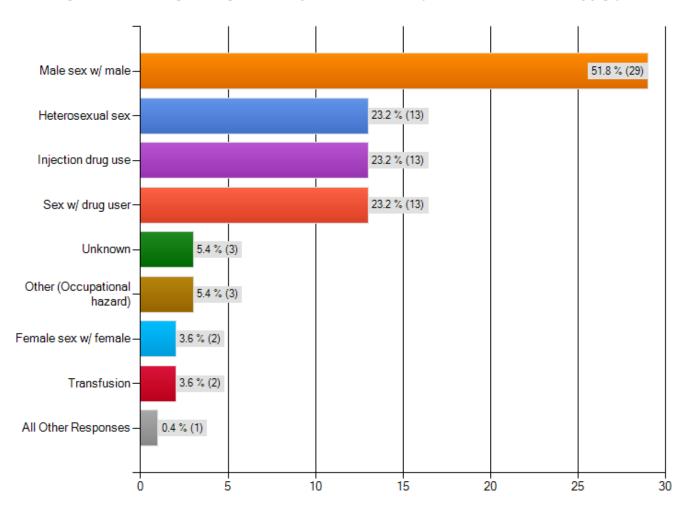
## INJECTION DRUG USE

#### Have you ever injected any of the above substances?

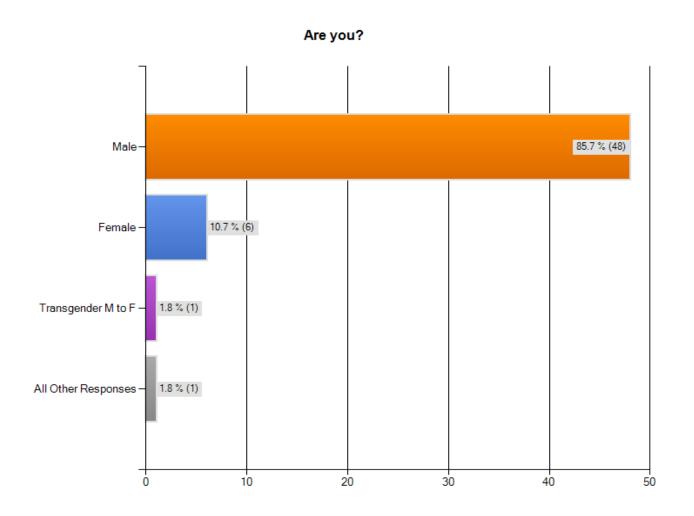


## EXPOSURE MODE

Do you know how you may have acquired HIV/AIDS? (Please check all that apply.)

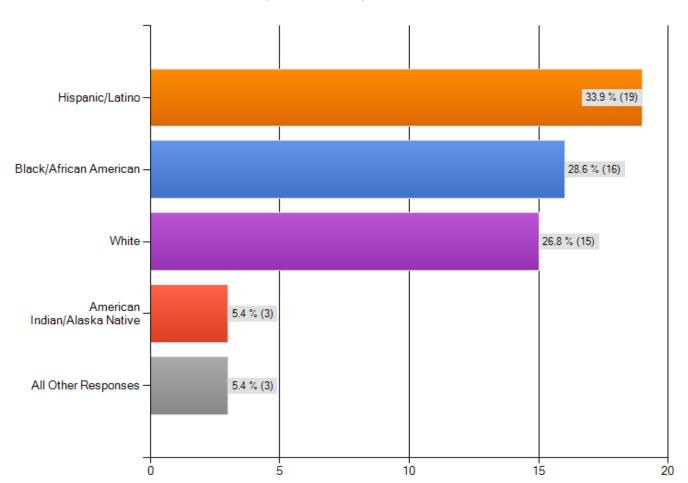


## GENDER IDENTIFICATION



## RACE/ETHNICITY IDENTIFICATION

#### Do you consider yourself?



## RECOMMENDATIONS

### IMPACT TO RYAN WHITE PART A AND NEXT STEPS

- Significant impact to the Ryan White Part A Care Continuum across all service categories based on AHCCCS cutbacks
- Examine Ryan White FPL %
- Research # of clients by service category in FPL "bands" where AHCCCS coverage is being eliminated
- Re-certification of all Ryan White Part A clients
- Forecast increased Ryan White client utilization and corresponding cost for October 1<sup>st</sup>, 2011-February 29<sup>th</sup>, 2012 time period for each service category
- FY 2009 costs:
  - Mental Health: 443 clients served at \$736 cost/client
  - Substance Abuse: 82 clients served at \$1082 cost/client
- Re-evaluate ADAP allocation (\$400,000) as well as non-medical case management allocation (\$609,149)
- Examine impact to Ryan White Care Continuum during FY 2012
  Priority Setting and Resource Allocation process